Chapter 4

Standardized Testing and Equal Access: A Tutorial

by Linda F. Wightman
University of North Carolina--Greensboro

Introduction

Standardized testing has played an increasingly prominent role in higher education admission decisions, particularly during the latter half of the twentieth century. Simultaneously, it has also played an increasingly prominent role in the threat to diversity in higher education in an era of rising opposition to affirmative action policies and practices. This latter role for admission testing is primarily a result of the way that test scores are used and interpreted; it is not the tests themselves that create the problem.

Substantial research evidence supports the validity of standardized admission tests as one factor in the admission process. Evidence of test score misuse also exists. One example of score misuse is over-reliance on standardized test scores for higher education admission decisions, ignoring a solid research base demonstrating their limitations. Related problems include viewing a test score as a comprehensive and objective measure of merit in selecting applicants, and using scores of admitted applicants to assess the quality of an academic institution. Such misuses of admission test scores result in systematic adverse impact on minority applicants to higher education; they also mask the value of these instruments when they are used for the purposes for which they were intended. Yet, despite the available data, there has been increasing call, particularly among the media and politicians most recently, to use test scores beyond the uses for which they were validated.

Adding to the problem of inappropriate use of standardized tests in the complex admission process are several assumptions and suppositions about those tests for which little or no research support exists. One goal of this chapter is to identify critical issues that must be evaluated when test scores are included among the factors considered in higher education admission decisions. Other goals are to bring to bear on those issues a compilation of relevant research and to identify critical areas in which supporting research is outdated, insufficient, or non-existent.
An Historical Perspective on the Use of Standardized Tests in the Higher Education Admission Process

The enthusiasm with which standardized tests were embraced in the era following World War II was partly an expedient response to the substantial increase in the number of college applications that needed to be reviewed and partly a consequence of the perception of tests as neutral arbiters of academic credentials. The college opportunities afforded through the GI Bill resulted in an influx of college applicants who were not products of the socially elite private education system. Standardized test scores were viewed as a mechanism for admission committees to evaluate grades and courses from schools with which they were not familiar.

Thus, an anticipated consequence of the early employment of standardized higher education admission tests was to open the doors of educational opportunity to a broad range of students who were not part of the traditional privileged college-going population, particularly doors to the elite schools in the northeast.

Over the years, the perception of standardized admission tests has changed from one of inclusion to one of exclusion, often viewed as a mechanism to deny access to increasingly scarce educational opportunities, especially at the most selective institutions where the number of applicants substantially exceeds the number of available places. This section will explore the history of standardized testing in higher education admissions, and will also trace changes in the demographics of the college applicant population, to provide a perspective on where we are and how we got here.

The Development and Growth of Admission Tests

The introduction of a common admission test that could be used as part of the admission criteria across multiple colleges was first introduced in the U.S. in 1900. Prior to that time, each college that chose to use an entrance examination administered its own. Primarily private colleges in the northeast used entrance examinations. Those examinations were designed by each college to assure that its admittees had acquired an adequate foundation in core academic courses and that they were prepared to undertake rigorous college work. The content of the examinations varied from one college to the next. From the perspective of secondary school headmasters, one problem with these examinations was that the secondary school needed to prepare multiple curricula for their students in order to assure that they would receive instruction in the subject areas deemed important by the college(s) to which they applied. A second problem was that students applying to several colleges needed to prepare for and sit for several examinations. The urging from secondary school headmasters prompted the consideration of a common examination by a small group of colleges in the northeast. During the first half of the twentieth century, that initial consideration evolved into formal extensive nation-wide testing of undergraduate, graduate, and professional school applicants as part of the higher education application and admission process. The chronology of key events in the development of the major standardized admission tests used by higher education is summarized in Table 1.

Hanford (1991) provides a comprehensive and detailed history of the development of college admission testing programs. The following descriptions of the development of the SAT and the founding of ETS are summaries of selected highlights from that history.

In 1900, a small group of influential colleges in the Northeast first agreed on core subject areas that would be included in the entrance examination process, and then agreed to administer a common examination to all their applicants. This group of colleges established the
Table 1

*Chronology of key events in the development of standardized admission tests as part of the higher education application and selection process*

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nov. 17, 1900</td>
<td>Formation of the College Entrance Examination Board formally announced.</td>
</tr>
<tr>
<td>June 17, 1901</td>
<td>First CEEB tests administered to 973 students at 69 test centers (Donlon, 1984).</td>
</tr>
<tr>
<td>June 23, 1926</td>
<td>First SAT, made up primarily of multiple-choice questions, was administered.</td>
</tr>
<tr>
<td>1929</td>
<td>SAT was divided into two sections—verbal aptitude and mathematical aptitude.</td>
</tr>
<tr>
<td>1930</td>
<td>AAMC first sponsored an objective test for applicants to medical school (called the Scholastic Aptitude Test for Medical School until 1946).</td>
</tr>
<tr>
<td>April 1, 1937</td>
<td>Wholly multiple choice achievement tests were introduced for undergraduate admission.</td>
</tr>
<tr>
<td>October 1, 1937</td>
<td>The first GREs, known at that time as the Cooperative Graduate Testing program, were administered to first year graduate students at Columbia, Harvard, Princeton, and Yale.</td>
</tr>
<tr>
<td>fall 1939</td>
<td>The 16 GRE Advanced Tests were administered for the first time.</td>
</tr>
<tr>
<td>1946</td>
<td>The admission test for medical school was renamed the Professional Aptitude Test; it was renamed the MCAT in 1948.</td>
</tr>
<tr>
<td>Nov. 10, 1947</td>
<td>Representatives of nine law schools met with members of the CEEB to request an admission test analogous to the SAT but at the appropriate level and content for use in law school admission.</td>
</tr>
<tr>
<td>Dec. 19, 1947</td>
<td>CEEB separates, ACE, and the Carnegie Foundation for the Advancement of Teaching agree to separate the testing operations and form a new enterprise—Educational Testing Service (ETS).</td>
</tr>
<tr>
<td>Jan. 1, 1948</td>
<td>ETS started operations in Princeton, NJ.</td>
</tr>
<tr>
<td>Feb. 1948</td>
<td>The LSAT was administered for the first time.</td>
</tr>
<tr>
<td>March 1953</td>
<td>12 graduate schools of business agreed that a nationwide testing program for business school admissions would be useful.</td>
</tr>
<tr>
<td>Feb. 1954</td>
<td>The GMAT (called the Admission Test for Graduate Study in Business until 1976) was administered for the first time.</td>
</tr>
<tr>
<td>1957</td>
<td>The American College Testing Program was founded.</td>
</tr>
</tbody>
</table>
College Entrance Examination Board (CEEB) to prepare and administer the new examinations on their behalf. The CEEB was initially located on the Columbia University campus in New York City. The first examinations developed by the CEEB were essay examinations, not multiple choice, and were subject matter specific. Preparatory school headmasters welcomed the new examinations, primarily because the content of the new examinations provided a detailed description of the secondary school curriculum that was valued by the group of colleges to which their students aspired. This common essay examination system worked efficiently during the period in which the original participating colleges obtained their new students from the narrow pool of U.S. preparatory schools in the northeast. Shortly after World War I, several of those colleges began expanding the geographic area from which they recruited their potential students, with thoughts of becoming national rather than local colleges and universities. When their recruitment goals incorporated attracting academically able applicants from beyond the confines of the elite northeast preparatory schools with which they were familiar, the colleges requested that the CEEB revise the test content to make it more comprehensive and less prescriptive. Simultaneous with (and at least partly a consequence of) the request for a shift in examination emphasis from the highly specific to a more general content, the CEEB began its first experimentation with the use of the multiple choice item format. Because multiple choice questions could be answered so much more quickly than essay questions, they were seen as a vehicle for more broadly sampling applicants’ abilities and subject-matter knowledge.

At the request of the CEEB, Carl Brigham, a psychology professor from Princeton University, developed a battery of multiple choice questions to be used as an alternative to the original College Board essay examinations. He used the Army Alpha Test of general abilities, developed during World War I by the U.S. army to sort recruits into appropriate assignments, as a model. CEEB administered the first multiple choice SAT in June, 1926. Brigham also developed a multiple-choice version of examinations designed to assess subject specific knowledge to be used in conjunction with the general aptitude assessment of the SAT. Initially, the participating colleges were uncertain about the utility and the validity of the multiple-choice format. It was not long before they accepted that the new item format provided them with useful information about the academic preparation and potential of their applicants. Even so, it wasn’t until the start of World War II that the multiple-choice examination fully replaced the essay examinations. The replacement was primarily a practical consequence of the travel restrictions related to the war. That is, the professors and secondary school teachers who traditionally graded the essays were unable to travel to NYC in order to grade the essays. By the time the war ended and the travel restrictions were lifted, the volume of new college applicants resulting from the GI bill made it impractical to return to the old free response essay examinations. Additionally, colleges had become comfortable with the new test content and scoring, and so the multiple-choice format of the SAT became firmly entrenched.

The CEEB’s success with the SAT aroused the interest of both graduate and professional schools. By the end of World War II, the CEEB was also administering the Medical College Admission Test (MCAT) and the Graduate Record Examinations (GRE), and developing the Law School Admission Test (LSAT). The expanding testing activities required expanding resources—resources beyond those anticipated and available under the then current structure. In response, the College Board, along with two other enterprises that were engaged in testing activities (the American Council on Education and the Carnegie Foundation for the Advancement of Teaching) decided to consolidate test development, test administration, and test-related research into an independent organization. In 1947, the New York Board of Regents granted a charter to the newly formed Educational Testing Service. From its inception, ETS was an
organization separate from CEEB, with ETS serving as the test-maker, but CEEB owning the SAT and maintaining policy control over it. The College Board, first alone and then with ETS, held a monopoly in the college admission testing business from its establishment in 1900 until 1959, when the American College Testing Program (ACT) was founded by E. F. Lindquist.

ACT was founded in response to a conception by Lindquist of the purpose for college entrance examinations that was different from that of ETS and the College Board. Specifically, Lindquist argued that a college entrance examination should predict college success but should also serve other educational purposes. The test envisioned by Lindquist would be "useful to high school counselors in advising students on their educational and vocational careers, or on their choice of type of college" (Lindquist, 1958, p. 106.) It also would be useful to high school teachers in "adapting instruction to individual differences, and to high school administrators in evaluating the entire educational offering of the school. Likewise, the same test battery might be useful to the college authorities for placement purposes, or for purposes of counseling and guidance, or to help them better define the college’s task by more adequately describing the status and needs of their entering student body“ (Lindquist, 1958, p. 106-107.) The first ACT was administered in the fall of 1959.

The differences in purpose between the ACT and the SAT articulated by Lindquist more than 40 years ago continue to define the primary distinctions between the two testing programs today. When the ACT was first introduced, it was utilized primarily in the Midwest, while the SAT was the examination of choice on the east and west coasts. Over the years, partly as a consequence of national marketing efforts by both organizations, and partly as a consequence of changing needs among colleges, many colleges and universities today accept either ACT or SAT scores from their applicants.

The Changing Face of the Applicant Pool

During the period in which the new tests where taking their place in the college admissions process, both the number and the demographic characteristics of students entering higher education were undergoing change. The changes in the applicant pool were very instrumental in establishing the place of the SAT and ACT at the undergraduate level and the GRE, LSAT, GMAT, and MCAT at the graduate and professional school level. The search for applicants from a more national pool beginning around 1930 initiated the increase in the applicant population; the number of college aspirants increased more significantly following World War II, primarily as a consequence of new government support for education. Even so, the ethnic diversity of those seeking college admission did not increase noticeably until the late sixties and early seventies.

Ethnic and Gender Diversity in the Applicant Pool

In 1954 a statement defining the right of minorities to have access to higher education was clearly articulated by the U.S. Supreme Court in the important civil rights case known as Brown v. Board of Education. One of the most noteworthy outcomes of that case was the Supreme Court’s explicit position that admission to publicly supported colleges and universities could not be denied on the basis of race. The decision in Brown struck down the practice of "separate but equal" in education. Several earlier cases paved the way for this landmark decision. These include Missouri ex rel. Gaines vs. Canada (305 US 337, 1938)\(^1\); Sipeil vs. Board of

\(^1\) In Missouri ex rel. Gaines vs. Canada, the Supreme Court determined that the University of Missouri could not deny admission to a black student, despite the University’s willingness to send
Regents of the University of Oklahoma (332 US 631, 1948); Sweatt and Painter vs. University of Texas Law School (339 US 629, 1950) and McLaurin vs. Oklahoma State University (339 US 637, 1950). Despite the clear position of the Supreme Court, states resisted. Thus, the rulings by themselves failed to produce a large influx of minority students into higher education. Both the Civil Rights Act of 1964 and subsequent efforts by civil rights groups to assure that the Act was enforced were required before evidence of increased access was seen in enrollment statistics. A variety of additional factors contributed to the change in the demographic makeup of the higher education population. These included “the infusion of federal funds into institutions of higher education and the resulting “greater autonomy in decision on admissions” (Karen, 1990, p.230); the implementation of ‘need-blind’ admission practices in the mid-1960s by most elite colleges, assuring that no applicants would be denied admission because of financial need nor denied financial aid after they were admitted; and the introduction of affirmative action programs for women and minorities in the late 1960s.

Availability of Data
Data about minority enrollment in higher education prior to the early 1970’s is both scarce and constrained. Information about changes in minority enrollment from the mid-1950s to the mid-1970s is limited by the lack of systematic data collection during that period. The U.S. Census Bureau was the primary source of data about minority enrollment during much of that period, and the accuracy of some of that data, which was extrapolated from interviews of only 50,000 households, is questionable (Abramowitz, 1976). Another source of data was the Office of Civil Rights, which collected data through biennial surveys. Its early surveys lacked continuity, omitted certain ethnic groups, and covered only full-time students (National Advisory Committee on Black Higher Education and Black Colleges and Universities, 1979, p.10). In 1976, the Office of Civil Rights and the National Center for Education Statistics (NCES) began working collaboratively on data collection and compilation, resulting in increased quality and consistency of data. Despite their limitations, the available data provide some indication of the shifting demographics during a critical time period in higher education. These data are especially important because they demonstrate how small the presence of minority college applicants and students was in higher education during the development and norming of standardized tests used for admission to undergraduate, graduate and professional schools.

Trends in the Data
The available data demonstrate gains in enrollment for ethnic minority groups over the past 30 years, particularly in the early years following the Civil Rights Act. Information about black students was recorded earlier than was information about other minority groups. Those the student to any of the four adjoining states that would admit him.

2 In this case, the Supreme Court responded to the University’s refusal to admit black students by demanding that it provide a law school education to qualified applicants regardless of race.

3 The rulings in, Sweatt and Painter vs. University of Texas Law School and McLaurin vs. Oklahoma State University came down on the same day in 1950. In each of those rulings, the court again confirmed that students could not be excluded from educational opportunity based on race. It further demanded that physically separating black students from white students after admitting them to the program did not provide equal educational opportunity and was not acceptable.
data contribute to an understanding of minority enrollment trends in the latter half of the twentieth century. For example, the data show that the number of black college students increased by more than 275 percent in the ten-year period from 1966 to 1976. As a percentage of the total number of students enrolled, blacks increased from 4.6 to 10.7 during that period (NCES, 1978, pp. 120-121). The number of black students enrolled was reported by the Census Bureau to be 282,000 in 1966 and 1,062,000 in 1978 (U.S. Bureau of the Census, May 1980, p. 2.) These data include both two-year and four-year institutions. Because black students have traditionally been over represented in two-year institutions, which typically do not require admission tests, the proportional representation of black students among admission-test takers during that period most likely was somewhat lower. The College Board did not begin to collect descriptive statistics on its test taking populations until 1972. The proportional representation of different ethnic groups among SAT takers for selected years, beginning 1973, is presented in Table 2. These data show a substantial increase in the percentage of minority test takers during the 25-year period from 1973 to 1998. The percentage increased for each minority group; the largest relative increase was among Asian American test takers. Importantly, the total number of respondents increased by more than a quarter million between 1973 and 1998, so that the percentage increases among minority test takers also represent increases in their absolute numbers.

Enrollment data by ethnic groups for four-year institutions alone are available from NCES beginning in 1976. Data for selected years are shown separately by ethnic group in Table 3 for the period 1976 through 1995. These data show that the number of ethnic minority students in all four-year institutions increased from approximately 931,000 (approximately 13 percent of the total) in 1976 to nearly 1,886,000 (nearly 21.5 percent) in 1995 (U.S. Department of Education, 1997). All ethnic minority groups showed some increase in proportion of the enrollment distribution during that period, and as was shown for SAT takers, the largest increase was reported for Asian/Pacific Islanders. Their participation more than tripled from 1.7 percent of the total in 1976 to 5.5 percent in 1995. In absolute numbers, the total enrollment in all four-year institutions increased during that time period from 7,107,000 to 8,760,000. These data are consistent with the rise in the proportion of minority SAT takers from 11 percent in 1973 to almost 31 percent in 1995 shown in Table 2.

Similar trends are found with respect to minority enrollment in graduate and professional schools, as presented in Table 4. Less than 10 percent of each of the graduate school and the professional school populations were minority in 1978. Those percentages increased to 14.9 and 21.7, respectively, by 1994. Law school enrollment data made available from the American Bar Association (ABA) are consistent with the general trend observed in professional school enrollment data shown in Table 4. The ABA reported that approximately nine percent of the first year class was minority in 1977-7, compared with nearly 18 percent in the fall 1991 class (American Bar Association, 1993).

The Role of Admission Test Scores in Litigation about Special Admission Policies and Practice

Colleges and universities repeatedly warn applicants that test scores are only one of many factors that they use in making admission decisions among their many applicants. Most schools do not provide explicit information about how test scores are used in the admission process, particularly with regard to the amount of weight allocated to test scores relative to other factors that are part of the decision to admit or reject. However, it is not unusual for some
Table 2

Ethnic background of ATP college bound seniors for selected years from 1973 to 1998 expressed as percentage of total Student Descriptive Questionnaire respondents

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Percentage</td>
<td>Percentage</td>
<td>Percentage</td>
<td>Percentage</td>
<td>Percentage</td>
<td>Percentage</td>
</tr>
<tr>
<td>American Indian</td>
<td>0.0</td>
<td>0.4</td>
<td>0.5</td>
<td>1.1</td>
<td>0.9</td>
<td>1.0</td>
</tr>
<tr>
<td>Black/ Afro-American</td>
<td>7.0</td>
<td>9.0</td>
<td>8.8</td>
<td>10.0</td>
<td>10.7</td>
<td>10.9</td>
</tr>
<tr>
<td>Mexican American or Chicano</td>
<td>1.0</td>
<td>1.7</td>
<td>1.9</td>
<td>2.8</td>
<td>3.7</td>
<td>3.9</td>
</tr>
<tr>
<td>Oriental or Asian American</td>
<td>2.0</td>
<td>2.6</td>
<td>4.2</td>
<td>7.6</td>
<td>8.4</td>
<td>9.0</td>
</tr>
<tr>
<td>Puerto Rican</td>
<td>0.0</td>
<td>1.0</td>
<td>1.2</td>
<td>1.2</td>
<td>1.3</td>
<td>1.3</td>
</tr>
<tr>
<td>White or Caucasian</td>
<td>87.0</td>
<td>83.0</td>
<td>81.1</td>
<td>73.4</td>
<td>69.2</td>
<td>67.1</td>
</tr>
<tr>
<td>Other</td>
<td>1.0</td>
<td>2.3</td>
<td>2.2</td>
<td>4.0</td>
<td>5.7</td>
<td>6.8</td>
</tr>
</tbody>
</table>

Number Responding: 784,848 893,767 875,475 947,258 973,870 1,049,773
Percent Minority: 11.0 17.0 18.9 26.6 30.8 32.9

Sources:


Table 3

*Total enrollment in four-year institutions of higher education, by race/ethnicity of student, for selected years from fall 1976 to fall 1995 (Numbers in thousands)*

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>7,107</td>
<td>7,565</td>
<td>8,579</td>
<td>8,739</td>
<td>8,760</td>
</tr>
<tr>
<td>White</td>
<td>5,999</td>
<td>6,275</td>
<td>6,768</td>
<td>6,639</td>
<td>6,517</td>
</tr>
<tr>
<td>Total Minority</td>
<td>931</td>
<td>1,050</td>
<td>1,486</td>
<td>1,734</td>
<td>1,886</td>
</tr>
<tr>
<td>American Indian/Alaskan Native</td>
<td>35</td>
<td>37</td>
<td>48</td>
<td>59</td>
<td>66</td>
</tr>
<tr>
<td>Asian American</td>
<td>119</td>
<td>162</td>
<td>357</td>
<td>429</td>
<td>482</td>
</tr>
<tr>
<td>Black</td>
<td>604</td>
<td>634</td>
<td>723</td>
<td>814</td>
<td>852</td>
</tr>
<tr>
<td>Hispanic</td>
<td>173</td>
<td>217</td>
<td>358</td>
<td>432</td>
<td>486</td>
</tr>
</tbody>
</table>

Table 4

Graduate and professional school enrollment by race/ethnicity for selected years from fall 1978 to fall 1994 (Numbers in thousands)

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>GRADUATE SCHOOL ENROLLMENT</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>1,219</td>
<td>1,235</td>
<td>1,472</td>
<td>1,722</td>
</tr>
<tr>
<td>White, non-Hispanic</td>
<td>1,019</td>
<td>1,002</td>
<td>1,153</td>
<td>1,287</td>
</tr>
<tr>
<td>Total Minority</td>
<td>120</td>
<td>123</td>
<td>167</td>
<td>256</td>
</tr>
<tr>
<td>Asian American</td>
<td>24</td>
<td>30</td>
<td>46</td>
<td>73</td>
</tr>
<tr>
<td>Black, non-Hispanic</td>
<td>68</td>
<td>61</td>
<td>76</td>
<td>111</td>
</tr>
<tr>
<td>Hispanic</td>
<td>24</td>
<td>27</td>
<td>39</td>
<td>64</td>
</tr>
<tr>
<td><strong>PROFESSIONAL SCHOOL ENROLLMENT</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>255</td>
<td>278</td>
<td>267</td>
<td>295</td>
</tr>
<tr>
<td>White, non-Hispanic</td>
<td>229</td>
<td>246</td>
<td>223</td>
<td>224</td>
</tr>
<tr>
<td>Total Minority</td>
<td>22</td>
<td>29</td>
<td>39</td>
<td>64</td>
</tr>
<tr>
<td>Asian American</td>
<td>5</td>
<td>8</td>
<td>14</td>
<td>28</td>
</tr>
<tr>
<td>Black, non-Hispanic</td>
<td>11</td>
<td>13</td>
<td>14</td>
<td>21</td>
</tr>
<tr>
<td>Hispanic</td>
<td>5</td>
<td>7</td>
<td>9</td>
<td>13</td>
</tr>
</tbody>
</table>

Sources:
applicants who were denied admission, particularly to more highly competitive schools, to have higher test scores than many applicants who were admitted. And yet, denial of admission to white applicants who earned higher standardized test scores than did applicants of color who gained admission has repeatedly served as the trigger to litigation in the area of affirmative action admissions in higher education. This section will explore the past, present, and future of affirmative action litigation from the narrow perspective of the role of test scores in shaping the complaints, the defenses, and the rulings.

Affirmative action programs were introduced in higher education systems in the late 1960s with a stated goal of increasing and encouraging minority participation in higher education. The ways in which colleges implemented those programs have been the subject of litigation over the past twenty years. Most legal challenges to affirmative action admission practice have been predicated on interpretation of the fourteenth amendment to the U.S. Constitution. The fourteenth amendment provides that “No State shall make or enforce any law which shall...deny to any person within its jurisdiction the equal protection of the laws.” Its original purpose was to assure that newly freed slaves were treated fairly by state law. In affirmative action litigation, the clause has been subject to varying interpretations. Thus far, the Supreme Court has been supportive of programs developed by colleges and universities designed to remedy past discrimination or to achieve diversity, but it also has imposed limits on those programs to prevent misuse or abuse. Key among those limits are that race-based affirmative action programs must be subjected to strict scrutiny and that the use of inflexible quotas, especially using race as the only factor for selection is prohibited. The Supreme Court’s most extensive explication of the limitations of race conscious admission practices came in its ruling on a landmark case, the Regents of the University of California vs. Bakke, in 1978, in which differential use of test scores was challenged under the fourteenth amendment.

An Overview of Bakke

Alan Bakke applied for admission to the University of California—Davis Medical School during two different admission cycles and was denied both times. At the time he applied, the medical school used two separate admission standards—one for regular admissions and the other for a special program. The special admission program was designed to provide applicants from economically or educationally disadvantaged backgrounds the opportunity to be admitted when they otherwise would not because their applications did not meet traditional academic requirements. The school reserved 16 of its 100 seats exclusively for applicants accepted under that program. Applicants checked a box on their application if they wanted to be considered under the special program. The practice at the medical school at the time Bakke was an applicant was to automatically reject applicants to the regular admission program if their test scores were below a certain cut-off point. In contrast, applicants to the special program were not automatically rejected because of low scores or low grades. Further, the admission committee did not rank their test scores against those of applicants in the regular admission pool.

White applicants were eligible to request consideration under the special admission program, but, at the time of Bakke’s complaint, none had ever been admitted under it. In fact, several of the 16 seats reserved for the special admission program remained unfilled in each of the years that Bakke was denied and he was not considered for any of them. A primary factor in his complaint was that he had presented higher test scores and grades than did applicants who were admitted under the special program. The basis of his suit was that he was excluded from consideration for admission under the special admission program based exclusively on his race,
violating his constitutional right to equal protection under the Fourteenth Amendment. Even though the school argued that he did not meet the criteria of educational or economic disadvantage, the court agreed with Bakke that race was the only factor that determined who would be admitted under the special program. On that basis, the Supreme Court found that UC—Davis’ special admission program violated the U.S. Constitution. From the perspective of affirmative action practices, the importance of Bakke was not in the Court’s finding with respect to the special program at UC—Davis. Rather, it was in the opinion of a majority of justices that while race could not be used as the sole factor for admission, race could be considered as a factor in order to remedy past discrimination. This endorsement is found in Justice Powell’s declaration that “race or ethnic background may be deemed a ‘plus’ in a particular applicant’s file, [so long as the applicant’s race] does not insulate the individual from comparison with all other candidates for the available seats.” Since the Bakke ruling, higher education has acted under the proposition that when the goal of its admission practice is to establish or maintain diversity, race could be a factor in the admission process under two provisos. One proviso is that diversity is not defined exclusively in racial terms; the other is that race is only one of many factors used to admit a diverse class. The court did not define what those other factors should be. But, neither did it suggest that having test scores and grades that were higher than those of other applicants who were admitted should in itself constitute grounds for a legal complaint against an institution by an applicant who was denied. Even so, subsequent challenges to affirmative action practices in admissions to higher education triggered by evidence or perception of differential use of test scores in the admission process have been raised.

An Overview of Hopwood

Approximately 15 years after Bakke, four white applicants to the University of Texas School of law instigated Hopwood vs. the State of Texas. In 1994, Cheryl Hopwood and the three other plaintiffs claimed that they were denied admission to the law school while black and Mexican American applicants with lower Law School Admission Test (LSAT) scores and lower undergraduate grade point averages were accepted. At the time that the plaintiffs applied for admission, UT School of Law had an affirmative action admission program in place that did not differ in several respects from the UC-Davis Medical School program that the Supreme Court had rejected. That is, the school reserved approximately 10% of its places for Mexican American applicants and 5% for black applicants. Additionally, separate admission committees were used to review minority and non-minority applicants. Thus, minority applicants were not compared directly with white applicants. Of relevance to the current discussion, UT relied heavily on LSAT scores and UGPAs in making all its admission decisions. The university claimed to use other factors including undergraduate major, increasing or decreasing grade trends, grade inflation, personal perspective, life experiences, and state of residency, but admitted to using a gross quantitative index, based only on test scores and grades, to initially sort its large volume of applications. Specifically, the school created an index score by weighting the LSAT score 60% and the UGPA 40%. The index score was used to sort applicants into three categories: presumptive admit, discretionary zone, and presumptive deny. The law school offered admissions to most but not all applicants in the presumptive admit category and denied admission to most but not all applicants in the presumptive deny category. Under the affirmative action admission program in place at the time, an index value of 199 was required for non-preferred applicants to be presumptively admitted, while a value of 189 was required for black and Mexican American applicants. At the other end of the scale, an index score of 192 or lower placed non-preferred applicants in the presumptive deny category, while a 179 or lower placed
black or Mexican American applicants in that category. Striking in these figures is the fact that a black or Mexican American applicant was placed in the presumptive admit category with an index value that was three points lower than the value at which other applicants were placed in the presumptive deny category. These are the kinds of test and grade data that can lead opponents of affirmative action programs to conclude that a necessary consequence of these programs is a compromise of merit and academic standards.

When Hopwood was heard, the district court found that the school’s affirmative action practice was in violation of the constitution because it used separate admission committees for minority and majority applicants. However, it did not object to the lower index score requirement for Black and Mexican American applicants. The court also used information about test scores and grades to determine that the plaintiffs were not denied admission as a consequence of the school’s affirmative action program. The data showed that 109 resident white applicants with index scores lower than Cheryl Hopwood’s had been admitted to the school. Further, 67 resident white applicants with index scores lower than the other three plaintiffs had been admitted (Hopwood 861, F. Supp. at 581). The plaintiffs appealed the district court’s decision and the Fifth Circuit Court disagreed with the district court about the use of index scores. More importantly, the Fifth Circuit Court held that diversity could never be a compelling governmental interest in a public school of higher education. In other words, contrary to the Bakke ruling that race could not be used as the sole factor for admission, the Fifth Circuit ruled that the government could never consider race as a factor in college admission decisions. The Fifth Circuit ruling applies in the states under its jurisdiction—Texas, Louisiana and Mississippi. The Supreme Court denied a petition by the University of Texas to review the case.

Further Litigation Issues

Because the Supreme Court refused to hear an appeal of the Fifth Circuit’s ruling in Hopwood, its long-term implications remain unresolved. In the meantime, challenges based on similar premises, that is, one or more white applicants were denied admission while minority applicants with lower test scores and/or grades were accepted, continue to mount. Two lawsuits filed against the University of Michigan—one by white students rejected for admission to its undergraduate program and the other by white students rejected by its Law School—and one lawsuit filed by a white student rejected by the University of Washington School of Law are still unresolved at the time of this writing.

A common theme across these cases is the use of the quantifiable variables of test scores and prior grades in making admission decisions. The complaints, alleging violations of the fourteenth amendment, arose from actual or perceived differential treatment of scores and grades between white applicants and minority applicants. Courts have found using race as a determinative criterion in college admissions is a violation of the Fourteenth Amendment. Unfortunately, in the emotions of the debate, test scores and prior grades have taken on meaning and significance beyond their actual value or intended use. Among opponents of affirmative action, test scores and grades have become a surrogate for merit, while among proponents, they represent a barrier to equal opportunity.

Some admission programs aimed at increasing diversity in their schools have become vulnerable to legal challenges, at least partly as a consequence of over-reliance on test scores and grades. This over-reliance has also fueled the efforts of the popular press to turn the debate from one of equal opportunity to one of abandoning merit and academic standards. Test scores and grades are portrayed as seemingly objective measures that reflect some combination of hard work and achievement. Their limitations for such use are either misunderstood or purposely
ignored. Changing societal perspectives made the time right in 1954 for both the courts and the public to re-examine the doctrine of separate but equal (which it did in response to *Brown vs. Board of Education*). Similarly, the mood of society in the 90s reflects near obsession with the concept that meritocracy, academic standards and fairness are compromised when race becomes a factor in admission decisions. Additional research and scholarly analysis would be helpful in refuting the notion that tests alone provide a reliable and precise measure of either merit or academic standards. Such work would include, but not be limited to, gathering and communicating data for the purpose of demonstrating (1) the legitimate uses of tests, (2) the limitations of tests even when used legitimately, and (3) the deleterious consequences of using them for purposes for which they are not valid. It also should include broader definitions of merit as well as empirical links between those definitions and outcome measures such as academic success, professional contributions, and societal benefits.

**Technical Issues in Equity and Assessment**

Large differences in average performance on standardized admission tests between white test takers and test takers from some minority groups, especially those from black, Hispanic, and American Indian groups, have been widely documented across the spectrum of undergraduate and graduate admission testing programs. The largest differences tend to be between black and white test takers. Those differences are of a magnitude of approximately one standard deviation in each of the admission testing programs. The average score differences between white students and minority students have led to heated debates about the validity and utility of the tests, particularly with regard to admission decisions for minority group applicants. Other key technical testing issues related to the general questions about test validity are questions about test bias and questions about susceptibility of test scores to coaching.

Concerns about these issues are often articulated by testing critics in the following three statements about the role of testing in the higher education admission process.

- Standardized admission test scores do not add any useful information to the higher education admission process.
- Admission tests are biased against test takers who are not white and not male.
- Admission tests are highly susceptible to coaching, thus undermining their validity and adding to the test bias issue because test preparation is not as available to economically disadvantaged test takers as it is to others.

Empirical research generally does not support these statements. The extensive base of research on test validity typically concludes that the major higher education admission tests are valid for the limited purposes for which they were developed. The primary purpose of those tests is to measure selected “developed reasoning abilities” that are important to achieving academic success.

Research findings generally refute suppositions both that test bias provides the primary explanation for the observed performance differences among test takers from different ethnic groups and that the tests systematically disadvantage minority applicants to higher education institutions by under-predicting their subsequent academic performance. The data also show that the gains realized from test preparation are modest; they fail to show that test taker participation in test preparation activities lowers the predictive validity of the tests. This section will summarize the existing body of research in the area of test validity and its related issues, and also will point to limitations in that research and suggest important issues in need of further research.
Predictive Validity

The application requirements of the vast majority of undergraduate, graduate, and first professional school programs include scores on one or more of the standardized admission tests previously described. Admission committees typically use those scores to draw inferences about applicants’ future academic performance, usually first year grades. The usefulness of test scores for that purpose is at the heart of the debate about test score validity. The term validity is used to describe the accumulated evidence to support the inferences that are made from the test score(s). One form of that evidence, referred to as predictive validity, is demonstrated when a statistical relationship between test scores and subsequent academic performance is established. The measure of academic success most often employed in predictive validity studies is first year grades. First year grades are not the only criteria that could be used to establish predictive validity evidence, but they are a popular choice for several reasons. First year grades become available within a year of the start of school, while other criteria may require two or more years before a study could be conducted. Additionally, first year grades are based on a composite of academic performance accumulated over a year of school, thus allowing differences in course difficulty and grader stringency to average out. Finally, because many core courses are taken during the first year of school, the content on which the grade point average is based tends to be more consistent across students than it is at any later time.

Evidence to support the validity of the frequently used higher education admission tests has been fairly well established. Most major testing programs provide a free validity study service for schools using their tests, and hundreds of schools participate each year. The data analysis options vary somewhat from program to program, but all provide at least a correlation between first year grades as the criterion and each of the following: test score, prior academic grades (either high school grades or undergraduate grades, depending on whether the criterion grades are for undergraduate or for graduate or professional school), and the combination of the two. The results of those studies are relatively consistent across testing programs. The mean of the correlations obtained across hundreds of studies conducted for individual colleges is approximately .42 for Verbal and Mathematical SAT scores used together to predict first year grades in college (Donlon, 1984, p. 142). Among 685 colleges predicting freshman GPA using SAT-Verbal and SAT-Mathematics scores during the period 1964 to 1981, 75 percent of the correlations exceeded .34 and 90 percent exceeded .27 (Donlon, 1984). Among more than 500 colleges using the ACT during 1989-90, the median correlation between first year grades in college and the four ACT scores is .45 (American College Testing Programs, 1991, p. 17). Similarly, the 1993-94 data, based on 361 participating institutions, produced a median multiple correlation between college grade average and the four ACT Assessment scores of .43 (American College Testing Programs, 1997, p. 56).

The correlations of test scores with first year grades in graduate and professional schools tend to be as higher or higher. Median correlations between .21 and .41 have been reported for the GMAT, LSAT, MCAT, and GRE General Test (Livingston & Turner, 1982; Wightman, 1993; Wightman & Leary, 1985). In addition to the routine testing-program-sponsored validity studies, many independent studies validating the tests used in admission decisions have been reported in the literature (see, for example, Kramer & Johnston, 1997; Pharr et al, 1993; Zwick, 1993). The results from independent studies are consistent with those reported by the testing programs.

The correlation coefficients provide evidence of the validity of the tests, but the meaning of the correlation coefficient is sometimes misunderstood by consumers and test score
users who have no training in basic statistics. That misunderstanding at least partly explains why some continue to raise questions about the predictive validity of admission tests despite the extensive research supporting it. It may also explain why others respond to claims of substantial validity evidence by calling on test scores to do more than they were ever intended to do. A brief explanation and illustration of correlation coefficients as they are used to evaluate the predictive validity of admission tests follows in order to help explicate their use and interpretation.

When a test score is used to predict subsequent academic performance (e.g., first year grades), a prediction equation that quantifies the relationship between test score and FYA is developed. The prediction equation can be represented by a straight line on a graph that shows for every student a single point that is determined by the student’s (1) score on the predictor (e.g., the test score) and (2) score on the criterion (e.g., FYA). The exact position of the line on the graph is calculated so as to minimize the (squared) distance of every test/FYA-point from the line. The correlation coefficient is an indicator of how well the line represents the points on the graph. Correlations can take on values from zero—meaning there is no relationship between two variables—to one—meaning there is a perfect one-to-one correspondence between two variables. That is, when the correlation coefficient is 0, there is no relationship between the two variables depicted on the graph. The closer the correlation is to 1, the closer the points are to the line. And, the closer the points are to the line, the more accurately the predictor (e.g., test scores) predicts the criterion score (e.g., FYA). Figure 1 illustrates the relative meaning of correlations of different magnitudes. It presents three examples of data points and best fitting prediction lines for hypothetical samples of 100 students who have both test score data and first year grades. In each example, test score is the predictor and FYA is the criterion. The test scores are reported on a scale of 200 to 800, with a mean of 500 and a standard deviation of 100. First year grades are reported on a scale of 1 to 4 with a mean of 3.0 and a standard deviation of .45. Three different correlations coefficients (r) are represented in the illustrations—0.0, 0.4, and 0.6. A correlation value of 0.4 was selected for illustration because it is close to the median correlation reported by most higher education admission testing programs. A value of 0.6 is included because it represents the upper end of individual school correlations reported among the different testing programs. A value of 0.0 provides a baseline against which to examine the other relationships.

Notice that when the correlation is equal to zero, the prediction line is parallel to the X-axis (the axis on which the test scores are denoted) and crosses the Y-axis (the axis where first year grades are denoted) at the value equal to the average FYA. That is, if there were no relationship between test scores and grades, the prediction line would predict the mean FYA for every student, regardless of test score. When the correlations increase, the line slopes upward, so that students with higher test scores are predicted to earn FYAs higher than the mean FYA, and students with lower test scores are predicted to earn FYAs lower than the mean FYA. Notice also how much the points are scattered around the prediction line in both the second and the third illustration relative to the scatter in the illustration in which the correlation is zero. Each point above the line represents a student whose FYA is higher than was predicted by her test score. Each point below the line represents an FYA lower than predicted. The closer the points are to the prediction line, the more accurate the prediction of FYA based on test score. The data presented in Figure 1 illustrate the accuracy with which test scores predict subsequent academic performance when correlations are of the magnitude typically reported by higher education admission testing programs. The figures clearly show that prediction based on test scores is superior to simply predicting the average FYA for every applicant (the best alternative if there were no relationship between the two.) The figures also illustrate the lack of precision for an
Figure 1.

Illustration of scatter of points representing test score and FYA around the best regression line for selected correlation values
individual applicant. The plots include many points for which lower test scores are associated with higher FYAs and higher scores are associated with lower FYAs. That is partly why the producers of the tests issue warnings that test scores should not be used in isolation to make admission decisions. It is also partly why college application materials advise applicants that admission decisions are based on a variety of criteria, only one of which is the test score.

An alternative way to use and interpret the correlation coefficient is to square it. Squaring the correlation provides a description of the amount of the variability in the criterion score (e.g., first year average) that can be attributed to the predictor (e.g., test score). The meaning of the squared correlation is difficult to grasp and one that has often misinterpreted. The squared correlation (technically referred to as the coefficient of determination) does not describe the percentage of students whose grades are accurately predicted. The Nairn/Nader report (1980) is one example of this type of misinterpretation of the squared correlation. The following example may help clarify this concept. If the correlation between SAT scores and FYA (or ACT scores and FYA) is 0.4, then 16 percent (i.e., 0.4 squared) of the variance in FYA is accounted for by the variance in SAT (or ACT) scores. A way to interpret the meaning of the squared correlation coefficient is to imagine a situation in which there was no variability in the test score. For example, if a sample of students who all had the same test score were selected from the total population of students, the variance in FYA for that sample would be expected to be 16 percent smaller than the variance for the total population of students.

Testing specialists have long agreed that the squared correlation is of limited value in interpreting the usefulness of admission tests for selection purposes (see, for example, Brogden, 1946 and Chronbach and Gleser, 1965). This is because the correlations need to be interpreted within the framework of the limitations of the data from which they were computed. Thus, even though from a purely statistical perspective, correlations of the magnitude found between test scores and first-year grades are somewhat modest, they should not be dismissed off-handedly. The correlations reported in typical predictive validity studies are actually a reduced estimate of the true relationship between test scores and subsequent academic performance. The reduction is a statistical consequence of using the test score as a predictor when it also was a factor on which selection of the students was based. This phenomenon is known as range restriction.

The correlation coefficient is related to the amount of variability (or roughly, the range of test scores) among students in the validity study sample. When test scores are used to help select applicants for admission, the range of test scores among first year students (those who have attended the school and earned a GPA to be correlated with the test score) is less than the range among all of the applicants. The more selective the school is and the greater the emphasis on test scores in the admission process, the larger the under-estimate of the correlation.

Critics of the use of test scores in the admission process often note that even though the median correlation between test score and subsequent grades are positive across all the testing programs, there is a substantial amount of variability from school to school. In fact, a handful of schools in almost every testing program’s summary report show zero or slightly negative correlations. Those critics use the variation in correlations among different schools to question the accuracy of the claims of test validity. However, an alternative explanation for the observed variability in validity estimates is statistical artifact. The variability is at least partly attributable to the range restriction found within different schools. A second statistical artifact, sampling fluctuation, also accounts for a substantial proportion of the variability in validity estimates obtained among different schools (Linn, Harnisch, & Dunbar, 1981). Another statistical artifact contributing to low and negative correlations is the use of a compensatory model in selection (i.e. letting either high test scores compensate for low grades or high grades
compensate for low test scores. See, for example, Wightman (1993) demonstrating the impact of the compensatory model on the validity of LSAT scores.

Despite the existence of literally thousands of studies of the nature described above, which support the validity of standardized admission tests as predictive measures of first year grades, their utility should not simply be accepted without question. The technical question of whether test scores are statistically related to an outcome of interest (e.g., first year grades) is not sufficient to determine how the test should be used in the admission process. Individual schools need to evaluate (1) the importance of the validity study criterion in their selection process; (2) whether there are other factors that predict the criterion as well or better than test scores; and (3) what impact using the test score might have on their ability to attract the kinds of students they seek as well as to fairly select among those who apply. Consider some examples.

Bowen and Bok (1998) recently examined the utility of SAT scores to predict rank in class based on students’ cumulative four year GPAs. They estimated the relationship separately for black and for white students attending the 28 academically selective colleges or universities that are part of the College and Beyond database. (See Bowen & Bok, 1998, p. xxvii-xxix for a listing of participating schools.) Like other studies cited previously, their analysis provided clear support for the validity of the test. Further, they determined that the relationship (i.e., higher test scores associated with higher class-rank) was found both for white and for black students, again refuting the claim that test scores are not valid predictors for black applicants to higher education. Importantly, they also noted that the relationship “remains after we control for gender, high school grades, socioeconomic status, school selectivity, and major as well as race” (p.74.) Their graphical illustration of that relationship (Bowen and Bok, 1998, Figure 3.10, p. 75) is reproduced in Figure 2. The figure not only illustrates the validity of the test, but also helps demonstrate the distinction between utility and statistical significance. Specifically, despite the statistical significance between SAT score and class rank, Bowen and Bok found that for white students, “an additional 100 points of combined SAT score is associated, on average, with an improvement of only 5.9 percentile points in class rank.” The same amount of score gain “is associated with a class rank improvement of only 5.0 points for black students” (1998, pp. 74-75).

Other studies demonstrate that prior grades correlate as higher or higher than test scores with subsequent grades in undergraduate school. For example, studies based on both SAT and ACT data showed that high school record is typically the strongest single predictor (see, for example, Donlon, 1984; Linn, 1982a). There is more of a tendency for test scores to be the stronger predictor in graduate and professional schools (e.g., Wightman and Leary, 1985; Wightman, 1993) when first year grades are used as the criterion. Regardless, it is important to note that test scores and grades are not completely redundant predictors. All of the studies show that test scores and prior grades used in combination are more highly correlated with subsequent academic performance than is either predictor alone. Further, limited data suggest that even in testing programs in which test scores were stronger predictors of first year grades than were prior grades, when the criterion is academic performance beyond the first year, the contribution of prior grades is greater than that of test scores (Powers, 1982).

Finally, some researchers hold that although the data generally show that higher education admission tests are valid predictors of later academic performance, the amount of additional information provided by the scores pales when evaluated relative to the various costs of requiring the test of all applicants. Most notably, Crouse and Trusheim (1988) posited that “SAT scores can provide important information only when they lead admissions officers to
Figure 2.

Mean percentile rank in class, by combined SAT score and race, 1989 entering cohort.

make admission decisions they would not have made without SAT scores” (p. 6). To support their position that admission test scores are of negligible utility, they calculated predicted GPA based on high school rank alone, then on high school rank and SAT score combined. They reported the correlation between the two predicted first year undergraduate grades to be .88. Their analyses also demonstrated that using high school grades alone would change the admission decisions for only a very small proportion (approximately 10 percent) of the applicants.

Bias

Questions about test validity are often raised in response to concerns about whether admission test scores can be used to evaluate minority applicants in the same way they are used to evaluate white applicants. The various components of those questions usually are all related to the issue of bias. “Bias is defined as the systematic over- or under-estimation of the true abilities of a group of examinees formed according to some demographic variable such as sex or ethnicity” (Scheuneman and Slaughter, 1991, p. 1). Questions about bias are most often raised and debated in reaction to the large observed differences in average performance among test takers from different ethnic groups. But, importantly, the definition of bias is more than a definition about the magnitude of observed average score differences. That is, while large between-group score differences could be symptomatic of test bias, score differences are not sufficient by themselves to establish the existence of test bias.

Research on bias in testing has occupied substantial space in the testing literature in recent years. This research generally takes two foci. One focus is on individual test questions; the other is on differential validity of the test when used to predict future performance among test takers from different ethnic groups. Research efforts targeting individual test questions typically seek both statistical and non-statistical procedures to identify and eliminate questions on which test takers from different subgroups who have similar ability on the skill being measured have different probabilities of answering them correctly. In the current testing jargon, this phenomenon is referred to as differential item functioning (DIF). Subsumed in item-level bias analyses is the concept of sensitivity review. That is, each test item is reviewed by a panel that is representative of the diversity of the test takers to screen items for insensitive or offensive subject matter or treatment. A primary goal of sensitivity review is to eliminate items that might disadvantage individual test takers by eliciting emotional reactions or responses. In contrast to the sensitivity review, the statistical detection methods identify differentially functioning items independent of any external characteristics of the items. Incorporating a combination of the two procedures in routine test development activities has resulted in considerable improvement, from the perspective of item bias, in the overall make up of standardized test forms. The most egregious test questions, for example those that dealt with subject matter such as slavery, abortion, and stereotypes of particular ethnic groups, are no longer found on standardized admission tests that routinely undergo DIF analysis and sensitivity review. Critics who cite examples of flagrant item bias or insensitivity problems typically use items from test forms developed and assembled prior to the introduction of bias detection methods in the 1980s (e.g., Espanoza, 1993).

The second focus of the bias research is on questions about differential validity and differential prediction. These questions take two related forms:

- Are test scores less valid when used to predict subsequent academic performance of non-majority applicants than they are for majority
applicants? For example, is the correlation between test scores and first
year performance in undergraduate or graduate/first professional school
different for different identifiable groups of students?

- Are test scores systematically unfair to non-majority applicants? That is, do some
groups systematically perform better than they are predicted to by the tests?

There is a fairly extensive literature on this topic, although some of the work is dated and needs
to be updated or at least replicated. Overall, the research in this area suggests that test scores
and previous grades are valid for black and Hispanic test takers. But there also is some evidence
differences in the magnitude of those validities both across testing programs and across
different types of schools within testing programs.

Research in the area of differential validity and differential prediction often reports that
the admission test over predicts for minority test takers. Over-prediction refers to the
comparison of the FYA predicted by the test compared with the observed FYA. That is, when
the test over-predicts, actual first year grades earned by the test takers tend are lower than the
FYAs predicted by their test scores. If the relatively lower average test scores earned by
minority examinees were simply a result of test bias, then under prediction, i.e., actual FYAs that
were higher than the FYAs predicted by the test scores, would be an expected outcome.
Explanations of the findings of over prediction must not mask the important distinction between
average results and individual results. Specifically, while most research shows that on average
test scores tend to over predict future FYAs for black test takers, this finding does not imply
that test scores over predict performance for each individual black test taker. See Wightman
(1998) for graphic representations of the black and white law school students whose actual first
year performance in law school exceeded their predicted performance.

In a comprehensive review of the literature on differential validity and differential
prediction, Linn (1990, p. 310) provided the following references, summaries, and
generalizations about research findings with regard to minority and majority groups:

1. Predictive validities (American College Testing Program, 1973; Breland, 1979;
   Duran, 1983; Linn, 1982a; Ramist, 1984)
   (a) tests and previous grades have useful degree of validity for
   Black
   and Hispanic as well as White students
   (b) typically lower for Black than for White students at predominantly
   White colleges
   (c) at predominantly Black colleges validities are comparable to those
   [for freshmen in general] at predominantly White
   colleges
   (d) typically slightly lower for Hispanic than for White students
2. Differential prediction (American College Testing Program, 1973; Breland,
   1979; Duran, 1983; Linn, 1982a; Ramist, 1984)
   (a) freshman GPA typically over-predicted for Black students
   (b) over prediction usually greatest for Black students with above
   average scores on predictors and negligible for
   students with below average scores on predictors
   (c) over prediction found for Hispanic students, but less
   consistently and by smaller amount

Chapter 4 / Page 16
3. Statistical artifacts may contribute to over prediction (Linn, 1983).
4. Differential course taking patterns may mask the amount of over prediction to some extent and partially account for the lower validities found for minority students (Elliott & Strenta, undated).
5. Inferences about bias based on differential validity or prediction findings require assumptions that grades are themselves unbiased measures.
6. Results for graduate and professional schools, while more limited, are generally consistent with those at the undergraduate level except that there is less indication that predictive validities are lower for minority group students (Braun and Jones, 1981; Powers, 1977; Linn, 1982a).

Studies more recent than those reviewed by Linn, though limited in number, continue to confirm the earlier findings about differential predictive validity. For example, Young (1994) confirmed that the phenomenon still existed for a sample of 3,703 college students. He concluded that for women, but not for minorities, the difference in predictive validity appeared to be related to course selection. Similarly, Noble (1996) showed that both ACT scores and high school grade point averages slightly over predicted success in standard freshmen courses for black students relative to white students and for men relative to women. Wightman and Muller’s (1990) analysis of data from law school students found no differences in validity for black, Mexican American or other Hispanic students compared with white students. Their data also continued to demonstrate that on average, LSAT scores, used alone or in combination with UGPA, slightly over-predicted first year averages in law school for black, Mexican American, or other Hispanic students.

Implicit in the analyses of differential validity and differential prediction described in this section is the assumption that the criterion (typically first year grades) is unbiased. Currently, research to test the accuracy and the impact of that assumption is lacking. A key factor that is not explained by any of the studies of differential prediction is the cause for the over prediction. Linn (1990) ascertains that “it seems likely, however, that the result is due to many factors, including both statistical artifacts and educationally relevant factors.” Testing organizations and testing professionals have focussed much attention on uncovering and understanding the statistical artifacts, as evidenced in the research cited in this section. The greatest shortage of current research seems to be in the areas of how to remedy the educationally relevant factors and how to integrate information about remedies with the test development efforts in order to provide new and more meaningful assessment options.

Another important consideration in dealing with question of bias in standardized testing is the bias in selection that results from over-reliance on test scores in the admission process even if there is no bias in the test scores themselves. Linn (1990, p. 320) emphasizes that “because the predictive validity of test scores and previous academic records are modest and the group differences in average scores are large, selection based solely on the basis of these quantitative predictors would have substantial adverse impact for Black and Hispanic applicants and exclude many minority students who would succeed if given an opportunity.” Research that examined Linn’s hypothesis is reviewed in the section on the consequential basis of test validity.

**Coaching**

The general topic of test validity is also related to the topic of test preparation or coaching. Coaching is used as a generic term here to refer to any of a broad number of activities ranging from relatively short-term review of test familiarization materials to extensive long-term
instruction in the subject matter covered on the admission test. Research suggests important
distinctions between the two extremes not only with respect to their effect on subsequent test
performance but also their relationship with later academic achievement.

Virtually all of the higher education admissions testing programs provide some test
familiarization materials free of charge to prospective test takers. They also market a wide array
of test preparation materials, ranging from previously used intact test forms to computer-based
instructional material. Printed and computer-based test preparation materials are also offered
by commercial organizations that are independent from the organizations that produce the tests.
In addition, a number of not for profit as well as commercial test preparation courses are
offered. The cost of the available test preparation materials and services range from only a few
dollars for the purchase of a previously used test form to nearly $1000 for enrollment in some
commercial test preparation courses. One consequence of the differential costs associated with
test preparation options is that various options are not equally available to students with different
financial resources. As important, there is some evidence to suggest that students from different
ethnic/racial groups do not equally understand the value of test preparation. For example,
McKinley (1993) found that white LSAT takers tended to use the free and low-cost test
preparation materials offered by the test publisher more than black, Mexican American, or
Puerto Rican test takers used them. He also found that white test takers tended to use a larger
number of different methods of test preparation than did test takers from other subgroups.

The import of differential access to and use of test preparation opportunities is primarily
related to the possible positive effect of test preparation on subsequent test performance. Two
meta-analyses of the large number of studies dealing with the effect of test preparation on
subsequent test performance (Messick & Jungeblut, 1981; Powers, 1993) both agree that test
scores have been improved as a consequence of engaging in focussed test preparation, but that
the average gains are generally modest. Messick and Jungeblut estimated that the first 20 hours
of coaching were associated with an increase of approximately one fifth of a standard deviation
(19.2 points) on the SAT mathematics score. The same amount of coaching time was
associated with an increase of less than one tenth of a standard deviation (8.9 points) on the
SAT verbal score. A study of the effects of professional coaching for African-American
students on the ACT showed similarly modest gains (Moss, 1995.) That is, following a six-week
coaching course, the average increase among the study participants was 1.34 points. Whether
gains of these magnitudes are worth the cost and the amount of preparation time required in
order to achieve them is an individual decision.

A related question of interest is whether test takers from different ethnic groups benefit
differently from exposure to short-term or moderate-term coaching. The limited available
research that specifically compared test score gain across different ethnic groups revealed little
difference among ethnic groups in the benefits, as measured by test performance, realized from
engaging in test preparation activities (Messick, 1980; Leary and Wightman, 1983; Powers,
1987.) In a study that looked exclusively at black students, Johnson (1984) evaluated results
from a test preparation program sponsored by the National Association for the Advancement of
Colored People. The program’s purpose was to increase the number of eligible black college
applicants by raising their SAT scores. The evaluation report’s conclusions—that overall the
program was effective, but the gains were modest—are consistent with other coaching
research. Additionally, the results reported by Johnson were mixed across clinics. Students from
San Francisco and Atlanta showed statistically significant increases in test scores, while
increases of approximately the same magnitude among students from New York were not
statistically significant.
Several researchers have raised concerns that even the modest score increases associated with short-term test preparation are a potential threat to the validity of the use of these tests for admission decisions (see, for example, Messick & Jungeblut, 1981; Linn, 1982b; Bond, 1989). An early study that addressed this issue (Marron, 1965) found that coaching led to an overprediction of academic performance. However, Marron’s results have been questioned, primarily due to the lack of statistical rigor in his design and analysis. Several subsequent studies (Powers, 1985; Jones, 1986; Baydar, 1990; Allaouf & Ben-Shakhar, 1998) suggest either that test preparation may enhance rather than undermine predictive validity or that coaching had no negative impact on the predictive validity of the admission test.

Test preparation questions that focus on long-term academic preparation are distinct from questions about short-term or moderate-term coaching. The admission tests are designed to measure academic skills acquired over an extended period of time. If the tests are valid for that purpose, examinees who did not enroll in or do well in rigorous academic courses that provide the fundamental preparation for a college education should be expected to earn lower test scores than do examinees who engaged in adequate academic preparation. Addressing problems of inadequate long-term academic preparation may be more difficult and elusive than are providing short-term coaching solutions, but defining the relationships between academic preparation and subsequent test performance, and developing appropriate intervention may also provide more lasting positive outcomes. In cases where shorter term coaching—particularly coaching that focuses on test taking strategies rather than underlying skills—results in score increases, Johnson’s questions (1984) about whether improved SAT performance results in stronger college performance are central to concerns about coaching, test validity, and equity and fairness in the admission process.

There is research evidence to support the intuitive relationship between inadequate academic preparation and poor test performance (e.g., Chenowith, 1996; Pennock-Roman, 1988). There also is research demonstrating increased test performance among minority students who are appropriately guided into academic programs or courses that provide the necessary long-term academic preparation. For example, in her study of Hispanic students in post secondary education, Pennock-Roman (1988) not only found large differences in SAT scores between Hispanic and non-Hispanic white students, but also found that those differences were associated with the type of academic courses taken. She concluded that the adequacy of Hispanic students’ test preparation was one of the important factors in their relatively poor test performance. More directly relevant to improving test performance are the results from evaluations of the Equity 2000 program. A primary goal of that program is to encourage school systems to direct their minority students into college preparatory mathematics courses. A demonstration project supported by Prince George’s County, Maryland, showed that successful completion of high school algebra and geometry was an important predictor of achieving SAT scores that qualified students for college admission (Fields, 1997). The study indicated that programs like the one in Prince George’s County are difficult to implement, but also that they promise results that justify the extra effort.

**Consequential Basis of Test Validity**

In his seminal work on test score validity, Messick (1989) explained the need to incorporate the value implications and social consequences of interpreting and using test scores into the overall concept of test validity. Messick suggested that this could be accomplished by “scrutinizing not only the intended outcomes but also unintended side effects—in particular, evaluate the extent to which (or, preferably, discount the possibility that) any adverse
consequences of the testing derive from sources of score invalidity such as construct-irrelevant test variance” (Messick, 1994, p. 3). Construct-irrelevant test variance refers to score variability that results from differences on factors that the test does not intend to measure. Cultural differences, language differences, and differential opportunity to learn (particularly in higher education admission tests that aim to assess skills that are independent of specific curriculum) could potentially contribute to producing construct irrelevant variance. A simple example of this concept would be a test intended to measure mathematics computation skills that is administered to examinees for whom English is a second language. If the task is presented through "word problems" or if the instructions are presented in language that is complex, low scores may reflect language limitations rather than low proficiency in the computational skills of interest.

The consequential basis of test validity is an issue for standardized higher education admission tests partly because the major tests used for admission purposes are “indeed culture dependent” (Linn, 1982b, p. 285). Messick’s depiction of social consequences as a validity issue has been a topic of controversy and debate within the measurement community (see for example, Linn, 1997; Mehrens, 1997; Popham, 1997; Shepard, 1997). The basis of the disagreement is whether the social consequences of test use fit appropriately under the validity umbrella; there is not disagreement that social consequences are an area that should be of concern to both test developers and test score users. Regardless of an individual’s position about its place within the validity construct, Messick’s representation has resulted in heightened attention to the issue of social consequences associated with test score use.

The consequences of over-reliance on test scores from the perspectives of achieving diversity in higher education and affording educational opportunity for economically disadvantaged applicants has been well documented. For example, Willingham & Breland (1977) maintained that strict reliance on standard numerical indicators would have an adverse impact on several minority groups. Evans (1977) provided empirical evidence to demonstrate that below the very top of the LSAT score range, the proportion of black law school applicants who were accepted exceeded the proportion of white applicants with the same scores. More recently, Wightman (1997) used law school application and admission decision data to demonstrate that basing admission decisions exclusively on numerical indicators (i.e., test scores and prior grade point averages) would substantially reduce the proportion of admitted applicants from selected minority groups. More importantly, the law school data showed that the majority of minority students who would have been excluded from law school succeeded when they were given an opportunity. That is, based on data from the fall 1991 entering class, no significant differences in graduation rate were found, within any of the racial/ethnic groups studied, between those who would have been admitted under the numerical model and those who would have been denied. The data on bar passage outcomes showed small differences between those who would have been admitted and those who would not within some, but not all, ethnic groups. The most compelling aspect of the bar admission data is that between 88 and 72 percent of minority law school students who would have been denied opportunity to enter law school under a numbers-only admission model were able to successfully pass the bar and enter the profession. Similar studies in other educational settings should be undertaken to help put the impact of selection based disproportionately on test score results into perspective.

Other social consequences resulting from heavy reliance on test scores in the admission process are less well researched. For example, little is known about the effect of lower test scores on decisions among tests takers with respect to whether to continue with the college application process as well as which schools to apply to. More research is required in several areas related to the social consequences resulting from test score use in higher education
admissions. Such research should distinguish between issues of distributive justice and true sources of invalidity in order to guide potential remedies that might be proposed in response to research results. Messick (1994) pointed out that “it is not that adverse social consequences of test use render the use invalid but, rather, that adverse social consequences should not be attributable to any source of test invalidity such as construct under-representation or construct-irrelevant variance” (p. 8). For example, to the extent that differences in test scores among members of different ethnic groups represent true differences in educational opportunity, heavy reliance on test scores would have adverse social consequences that are questions of distributive justice, but are not sources of invalidity within the test. Alternatively, to the extent that score differences are attributable to factors such as different tendencies to guess on multiple choice questions or to speededness factors on tests designed to be power tests, there exist sources of construct-irrelevant variance that impact the validity of the test.

**Use and Misuse of Admission Test Scores in Higher Education**

The majority of testing programs provide advice and warning to both test takers and score users about appropriate score use, emphasizing the limitations of those scores. Even so, there is concern about over-reliance on test scores in the admission process. The potential for misuse of test scores has been exacerbated by recent moves to pit concepts of merit and academic standards against the benefits of diversity and educational opportunity offered through affirmative action programs. Despite extensive evidence to the contrary, test scores are being portrayed as an accurate, objective indicator of merit. This section will review relevant research on appropriate and inappropriate use of test scores and other indicators of academic achievement in the admission process, and will examine the changing public attitude about test score use.

**Reliance and Over reliance on Test Scores in Making Selection Decisions**

The amount to which admission decisions rely or overly rely on test scores varies from institution to institution and also varies across undergraduate, graduate, and professional schools. University of Virginia’s Dean of Admission in 1997, John Blackburn, claims that “we see the SAT, and I think most colleges and universities see the SAT, as one factor among many that would be important in making decisions about students” (US News Online, 1997). Consistent with his assessment, national survey data confirm that admission test scores were not the only or even the primary factor that schools claimed influence their admission decisions in a national survey of admission practices. The major factors identified by schools and the importance attached to them are identified in Table 5. Grades in college preparatory courses received the highest percentage of ratings of ‘considerable importance’. These findings are consistent with the validity data previously reported, showing that high school grades are slightly better predictors of college performance than are test scores for most undergraduate schools. Only 47 percent of the respondents rated the importance of admission test scores as ‘considerable’ although another 38 percent rated their importance as ‘moderate’.

Despite statements by schools describing the way that test scores are used in the selection process, there is at least some empirical data suggesting the relationship between test scores and admission decisions might be stronger than is suggested above. A now well-known example is the documented account of the way that the University of Texas School of Law used LSAT scores and grades as reported in Hopwood (see page xx). There also are correlational data suggesting a strong relationship between test scores and admission decisions. Willingham (1988) reported a correlation of .37 between SAT score and undergraduate admission decisions and .36 between high school grade point average score and undergraduate admission decisions.
Table 5

*Admission trends 1995: Factors influencing admission decisions*

<table>
<thead>
<tr>
<th>Factor</th>
<th>Considerable Importance</th>
<th>Moderate Importance</th>
<th>Limited Importance</th>
<th>None</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades in College Prep. Courses</td>
<td>80%</td>
<td>10%</td>
<td>7%</td>
<td>3%</td>
</tr>
<tr>
<td>Admission Test Scores</td>
<td>47%</td>
<td>38%</td>
<td>9%</td>
<td>6%</td>
</tr>
<tr>
<td>Grades in All Subjects</td>
<td>41%</td>
<td>40%</td>
<td>14%</td>
<td>5%</td>
</tr>
<tr>
<td>Class Rank</td>
<td>39%</td>
<td>33%</td>
<td>19%</td>
<td>9%</td>
</tr>
<tr>
<td>Essay/Writing Sample</td>
<td>21%</td>
<td>34%</td>
<td>24%</td>
<td>21%</td>
</tr>
<tr>
<td>Counselor Recommendations</td>
<td>19%</td>
<td>48%</td>
<td>23%</td>
<td>10%</td>
</tr>
<tr>
<td>Teacher Recommendations</td>
<td>18%</td>
<td>46%</td>
<td>23%</td>
<td>13%</td>
</tr>
<tr>
<td>Interview</td>
<td>15%</td>
<td>30%</td>
<td>34%</td>
<td>22%</td>
</tr>
<tr>
<td>Work/ Extracurricular Experiences</td>
<td>7%</td>
<td>35%</td>
<td>40%</td>
<td>17%</td>
</tr>
<tr>
<td>Ability to Pay</td>
<td>3%</td>
<td>7%</td>
<td>16%</td>
<td>73%</td>
</tr>
<tr>
<td>Personal Recognition Programs</td>
<td>1%</td>
<td>12%</td>
<td>41%</td>
<td>45%</td>
</tr>
</tbody>
</table>

Source: National Association for College Admission Counseling Admission Trends Survey, 1995
Wightman (1997) reported a correlation of .33 between LSAT score and law school admission decisions and .28 between undergraduate grade point average score and law school decisions. When the two variables were considered simultaneously, in a logistic regression prediction model, Wightman (1997) reported a correlation of .78 between predicted and actual admission decisions for white law school applicants. In other words, LSAT score and UGPA together accounted for approximately half of the variance in law school admission decisions. The correlations between predicted and actual admission decisions were substantially lower for other racial ethnic groups, suggesting that test scores and grades were less important to admission decisions for minority applicants than they were for white applicants. Even when the correlation data confirm a very strong relationship, correlations alone are not sufficient to determine whether scores are much more important factors than they are acknowledged to be or whether they are simply very highly correlated with the several other factors that were also taken into consideration. Another consideration that is related to the importance of test scores and grades is the number of applicants relative to the number of available places. Test scores most likely play a larger role in decisions within those schools that are the most competitive. More systematic research across a variety of schools and applicant populations would be required to empirically address those kinds of issues of use and over use of test scores in admission decisions.

**Prior Grades as Alternatives to Test Scores**

There is some information in the available research to suggest that test scores could be eliminated from the admission process. Predictive validity data presented earlier show that high school grades tend to be better predictors of subsequent college academic performance than do SAT or ACT scores. Further, data showed that although adding test scores to the prediction model improved prediction over grades alone, doing so had little effect with respect to changing the admission decision that would be made for individual applicants. But, in order to evaluate the consequences of abandoning the use of test scores in the admission process, some of the problems inherent in the use of grades alone also need to be considered. Course grades are not always reflective of the skills, abilities, or knowledge of individual students. They can depend, at least partly, on the expectations of the instructors, the abilities of other students in the class, and the style and personality fit between student and teacher. Grades are frequently inflated, especially in schools at which a large proportion of students aspires to achieving admission to competitive institutions. Also, grades frequently are interpreted with respect to the academic reputation of the school at which they were earned. In a discussion of this topic, Linn (1982a) correctly points out that “the lack of comparability of grades from one school to another, from one curriculum to another, or from one college to another is a potentially important source of unfairness. The student who attends a school with less demanding standards for grades is given an advantage relative to his or her counterpart attending a school with more demanding standards” (p. 284). One way that schools have dealt with grades from differentially demanding schools is to use a school-based adjustment to an individual’s grades. The problem with that approach is that the student from a disadvantaged background who attended a high school or undergraduate school where students typically do not excel is penalized, thus reducing the value of his or her demonstrated achievements. Some research has sought to analyze the disadvantage to middle and lower middle class students that would arise from eliminating test scores from the admission process. Stanley (1977-78) remarked that the SAT had “a decidedly democratizing effect on certain kinds of selective colleges that, before the
advent of the SAT, tended to rely heavily for their students on high status private schools and the most academically prestigious public schools” (pp. 31-32).

Finally, data suggest that test scores are not so much the barriers to admission that many believe them to be. Analysis of law school data investigated the decision outcomes of a ‘numbers-only’ admission process. The data showed that, regardless of whether the process was modeled by UGPA and LSAT combined or by UGPA only, the consequence would have been a substantial reduction in the overall number of minority applicants who were offered admission to ABA-approved law schools (Wightman, 1997). Those results are consistent with the Crouse and Trusheim (1988) findings that an admission policy that rejected applicants with predicted grades below some predetermined level would lead to the same admission decision for most applicants regardless of whether high school grades were used alone or in combination with SAT scores.

Using Test Scores to Define Merit

It was not that long ago that public sentiment about testing focussed on its limitations and its overuse—particularly for purposes for which tests were not intended and were not validated. One example is the Nairn/Nader report (1980), which presented a major public-relations attack not only on the standardized tests used in higher education admissions, but also on the Educational Testing Service, as the maker and administrator of the majority of those tests. A variety of position papers were prepared among measurement professionals defending both tests and their appropriate use against Nairn/Nader’s and other earlier attacks against them. (See for example, Cronbach, 1975; Astin, 1979, Linn, 1982b).

The public mood about the role of standardized testing has shifted during the mid 1990s. Performance on standardized tests is now often portrayed as an impartial demonstration of academic merit (or lack thereof.) This shift in perception about standardized testing was at least partly fueled by the on-going debate about affirmative action and the ruling by the Fifth Circuit in Hopwood. The tension in American ideology between the concept of merit and the concept of distributive justice (or equality of outcomes) predates the Hopwood ruling. To most Americans, the concept of merit implies that people should succeed as a consequence of ability and hard work, not as a consequence of who they are or whom they know (Kleugel & Smith, 1986). In the abstract, this definition of merit frames it as a neutral concept that is independent of the emotional or political debate of affirmative action. During much of the affirmative action debate, little attention was paid to developing a definition of merit that could be embraced by the general public. The Hopwood ruling, and the media reporting of it, have had a role in formulating such a definition for the public. That is, the form of the complaint, the court’s response to it, and the media’s representation of the court’s decision imply that test scores and grades are the over-riding determinants of who is ‘entitled’ to the limited resources in higher education. Opponents of affirmative action have seized this definition with zeal. Columnist John Leo (1997) lamented examples of admission procedures based on practice other than ranking applicants by test scores and grades as signs of “the gathering assault on good grades, test scores, and nearly all known indicators of merit and academic achievement” (p. 22). He goes on to attribute efforts to reduce the emphasis on test scores in the admission process as “drummed up to protect the excess of an affirmative action movement in deep trouble with the courts and the American people.” With an opposing view, Harvard law professor Christopher Edley Jr. chides critics of affirmative action for treating “paper and pencil tests as if they were complete and accurate measures of merit” as well as for “speak[ing] of preferences with robotic regularity because polling shows that the public generally supports affirmative action while opposing preferences”
The measurement community has never suggested that test scores could or should serve as a surrogate for merit. As noted previously, that community has been both clear and forthcoming with regard to the limitations of test scores and to the necessity of looking at a variety of factors in making admission decisions. Proponents of using test scores as indicators of merit ignore important contributions that diversity among the student body makes to the educational experience of all students. Consequently, they fail to identify potential to bring diverse perspectives and experiences to the educational setting as a characteristic ‘meriting’ admission. In responding to Initiative 200—an anti-affirmative action initiative in the state of Washington—the regents there unanimously approved a statement that included the following: “Among the educational resources the university has to offer, is a diverse student body” (Carson, the News Tribune, January 18, 1998). Although many educators agree that a diverse student body enhances educational experiences by sharing broader perspectives and challenging assumptions, there is limited formal research to support these conclusions. See Chapter x for a review of literature and discussion of the existing research. More systematic objective work is needed to define and document the concept of merit beyond the narrow confines of test scores and grades.

The Future of Admission Testing in Higher Education

Particularly in the wake of Hopwood and California’s Proposition 209, the current use of standardized test scores in the admission process needs to be examined against a variety of alternatives. These alternatives range from eliminating the use of scores altogether to a major reconstitution of the content and format of admission tests and to the way that scores from those tests are developed and reported. This section will identify various options to routinely relying on scores on traditional multiple-choice paper and pencil admission tests as well as summarize and synthesize current and on-going research that evaluates these alternatives.

Eliminating the Use of Test Scores in the Admission Process

Over-reliance on standardized tests, as well as potential negative consequences of test scores on applicants’ decisions about if and where to apply to college or graduate school, became a concern to higher education long before the current political anti-affirmative action climate emerged. In the mid 1980s, Bates College, Union College, and Middlebury college retracted their requirement that applicants submit SAT scores as part of the application process, allowing them to substitute alternative achievement test scores including the ACT. Following that decision, Bates undertook a five-year study comparing Bates GPAs of students who submitted SAT scores with the GPAs of students who did not. They found no difference in GPA at Bates as well as slightly lower attrition rates for non-submitters compared with submitters (Bates College, 1998). So, in 1990, Bates further revised its policy to make the submission of any admission test scores optional for their applicants. Bates faculty cite the following reasons for the decision: inconsistent prediction of academic performance by test scores; inflated perceptions about the importance of test scores in the selection process; and two ethical issues related to the use of test scores—the possibility that test scores place students from multicultural, rural, or financially depressed backgrounds at a disadvantage and the misdirected energies of teachers and students to the activities of test preparation (Bates College, 1998). Research related to each of their concerns was reviewed in earlier sections of this chapter.
The decision by Bates College did not result in widespread adoption of optional test score policies among other colleges. Only about 200 colleges and universities no longer rely on standardized testing for their admission criteria (Rodriguez, 1996). The sheer volume of applications to be processed, particularly at large state universities, is one reason for the continued use of standardized test scores. For example, Dr. Ricardo Romo, Vice Provost, UT Austin, in a discussion about schools that have abandoned use of standardized tests as an admission criterion noted that most of them are smaller colleges and universities. At UT, which receives 20,000 applications per year, test scores have served as “another benchmark” (Rodriguez, 1996). Another reason for continued use is the utility of the scores when they are used appropriately. John Blackburn, Dean of Admissions at the University of Virginia, reported that the SAT is “a measure that shows us how students can solve problems in quantitative or mathematical areas on one section, and then how well they use the language in English.” He acknowledged that “we at the University of Virginia have never discussed eliminating the requirement or making it optional” (U.S. News Online, 1997).

Recent developments in California as well as in the Fifth Circuit may bring some change in the number of schools requiring applicants to submit test scores as well as in the way test scores are used in many selection processes. For example, a recommendation to eliminate the use of the SAT as an entrance requirement was included in the recent report of the University of California’s Latino Eligibility Task Force. In Texas, some schools already have reconsidered their use of standardized test scores, often substituting the practice of basing admission on test scores with the policy of automatically admitting the top 10 percent from each high school. In fall 1997, the University of Texas completely abandoned its policy of automatically admitting students based only on their test scores. Previously, a score of 1250 or higher on the SAT resulted in automatic admission (Rodriguez, 1996).

Alternatives to multiple-choice standardized paper and pencil assessment

The key factors that influenced the growth of the college admission-testing program at the beginning of the twentieth century remain factors in their use today. Specifically, curriculums vary substantially among different secondary schools and grading standards are inconsistent and can be unreliable. Among the most rigorous and competitive colleges and universities, selection committees seek indicators to help assure that applicants are properly prepared to undertake the required work. They also seek measures of relative academic potential as one factor to help them choose among a pool of qualified applicants whose number exceeds the available places in the class. While one possibility might be to eliminate the use of standardized tests altogether, forcing schools to explore other options to fairly and reliably indicate the student characteristics they seek, another would be to develop assessment alternatives to replace or supplement the traditional multiple-choice standardized paper and pencil test.

Alternatives that take the form of changes in test format, content, and mode of presentation have been proposed as possible revisions or extensions to reliance on standardized multiple-choice higher education admission tests that began more than a half century ago. Considering alternatives is especially appealing in response both to the expansion of educational opportunity nationwide that has occurred over the past 50 years and to the increasingly multicultural society that is currently served by higher education. Sedlacek and Kim (1995) noted that “if different people have different cultural and racial experiences and present their abilities differently, it is unlikely that a single measure could be developed that would work equally well for all” (p. 1).
An alternative to the multiple-choice format that has received substantial attention from both the testing community and the educational community in recent years is performance-based assessment. The National Center for Fair and Open Testing (a.k.a. FairTest) has long been an advocate of replacing the SAT, ACT, and similarly structured graduate and professional admission tests with “performance based assessments, such as teacher observations, essays, portfolios, and open ended questions that encourage real thought” (Natale, 1990). In performance assessment, judgments are made about test takers’ knowledge and skills from direct observation of their performing the tasks to be assessed or from inspection by trained evaluators of their work products. Proponents of performance assessment expected that this assessment alternative would be devoid of the bias believed to be manifest in the traditional multiple choice test format. Unfortunately, the research results do not suggest that between-group performance differences disappear when performance assessment tools are used to evaluate academic skills and accomplishments (Linn, Baker, & Dunbar, 1991). Adding a performance based component to traditional assessments also failed to reduce group differences in observed scores. For example, an Analytical Writing Assessment component was recently added to the GMAT. Simulations to determine which applicants would be offered admission suggested that the addition of the Analytical Writing Assessment score would noticeably increase the number of women who would be offered admission, but would have no impact on the number of minority applicants (Bridgeman & McHale, 1996). Adopting performance assessments also introduces a series of practical and psychometric issues that have not been resolved. These include the time and resources needed to evaluate a tremendous volume of potential test takers (the College Board alone currently administers more than two million SATs per year). They also include issues of test score generalizability because in most situations, performance assessment is based on a very small sample of test taker performance (Linn, 1994).

Another alternative to current admission testing practice is to incorporate noncognitive measures into the assessment package. Much promising work in this area has been reported in the literature. Tracey and Sedlacek (1984) measured eight noncognitive variables using the Noncognitive Questionnaire (NCQ). The NCQ includes the following variables: positive self concept or confidence; realistic self-appraisal, especially academic; an understanding of racism and an ability to deal with it; preference for long-term over short term goals; availability of a strong support person to whom to turn in crisis; successful leadership experience; demonstrated community service; and knowledge acquired in a non-traditional field. Tracey and Sedlacek (1984) have demonstrated the reliability, construct validity and predictive validity of this instrument. Specifically, they showed that the correlation between scores on the NCQ and college grades was approximately the same as the correlation between SAT scores and college grades for both black and white students. In addition, the multiple correlation of both the SAT and NCQ with college grades exceeded the correlation of either predictor alone. Their data also showed that the NCQ significantly predicted persistence for blacks, but not for whites. The significant relationships between the NCQ and academic performance has been replicated with other samples of black students (see for example, Rogers, 1984; Tracey & Sedlacek, 1985, 1987a, 1987b) as well as with a sample of specially admitted students (White & Sedlacek, 1986). The significant role of noncognitive factors has also been shown using instruments other than the NCQ (see for example, Pickering et al, 1992.) However, the results have not always been consistent. Some researchers failed to replicate the findings of Sedlacek and his colleagues with different samples of black undergraduates (Arbona and Novy, 1990; Hood, 1992). Fuertes and Sedlacek (1995) found that only one of the noncognitive measures—an understanding of racism and an ability to deal with it—was a significant predictor of academic performance for
Hispanic undergraduates and none were predictive of Hispanic student retention over a nine-semester period. And, Williams & Leonard (1988) found cognitive measures to be more important than noncognitive indicators for black undergraduates in technical programs (e.g., computer science and engineering.) The importance of the potential role of noncognitive factors in identifying academic success of students independent of traditional cognitive assessments, coupled with the unresolved inconsistencies in previous research, make this an area in need of continued investigation and refinement.

Recent advances in technology may hold the most promise for spawning assessment alternatives that will better serve the admission goals of colleges and universities both to assure academic standards and to provide equal access and opportunity. Several major testing programs, including the GRE, the GMAT, and Teacher Testing Programs, already have successfully implemented national computer administered testing programs. The benefit from computerized testing is not in the change from paper and pencil to computer administration per se, but rather in the potential for new definitions of what is tested and how test scores and ancillary information about applicants are reported. For example, the power of computer administered tests have the potential to help move assessment instruments away from multiple choice item formats without the loss of processing speed and reliability in scoring that were problematic in the early days of essay type admission tests. Testing programs already have made some progress in designing computer scored open-ended items to replace traditional multiple-choice item types. There are several documented examples. Plumer (1997) illustrated non-multiple choice item types that are under development for the LSAT. Bennett (1994) described an electronic infrastructure under development at ETS that would allow future tests to measure constructs not currently measured and not redundant with those that are currently measured. One example would be a measure of how effectively potential students might profit from instruction. “The general method for measuring this construct, known as ‘dynamic assessment,’ involves presenting the student with a task just above that individual’s level, providing hints or other instruction and retesting performance” (p. 11). Another example provided by Bennett was a measure of the ability to generate explanations. Powers and Enright (1987) demonstrated the value of this skill for graduate students, but routine assessment of the skill was prohibitively expensive at that time. Bennett suggested that technology under development could make the scoring cost effective.

Much work remains to be done in this area, particularly with respect to evaluating differential performance on the revised item formats among members of different ethnic groups. The related research on performance assessment, referenced earlier, raises a caution that test development efforts focussed simply on changing the question format in a computer administered testing mode may do little or nothing to change the performance gap between white and nonwhite test takers.

One of the benefits of computer adaptive test (CAT) methodology is the opportunity to somewhat reduce the number of items administered to a test taker without loss of accuracy of measurement. One potential gain to be realized from this reduction is to retain the base testing time but use that time to offer multiple formats to assess the same constructs, allowing test takers multiple opportunities to demonstrate their abilities. A second is to assess an increased number of factors for each test taker within the same amount of testing time. The latter could allow the assessment process to move away from the single admission test score toward a comprehensive assessment system. Such a system could assess a variety of cognitive and noncognitive constructs, could be formative as well as summative, and could present a profile of each applicant across a variety of dimensions that were important to an admitting institution.
Such a system could provide a viable alternative to the impossible task of attempting to develop a single test that could fairly assess the academic potential of students from a broad range of cultures, backgrounds, and talents. It also could help meet the concerns of public institutions required to treat all applicants similarly as well as help meet the needs of all institutions to clearly define in advance the criteria that they would consider in the selection process.

Summary and Highlights

A primary objective of this chapter was to identify the issues that must be evaluated when the utility and consequences of using test scores in the admission process are considered from the perspectives of academic standards, equity, and access. Related objectives were to bring to one place the research evidence that supports or refutes beliefs about standardized testing and equal access, and to identify gaps in the existing research.

A history of the development of standardized testing and its use in a higher education system with changing demographics and changing societal expectations provided the backdrop against which to examine technical questions about standardized testing. A review of past and on-going litigation stemming from issues related to equal access and use of test scores provided insight both to how tests can be used in making admission decisions and how litigation has helped frame public perception of the issues.

The majority of the questions that are asked about the use of standardized tests in the admission process fall under the general category of 'validity'. The core question is:

- Do test scores add any useful information to the admission process?

But it takes on many forms such as

- Do test scores predict future academic performance?
- Do they predict academic performance beyond the first year?
- Do they predict any outcomes other than GPAs?
- Are they biased?
- Do they predict differently for non-majority than for majority test takers?
- Does differential prediction deny opportunity to some groups of test takers?
- Can students "in-the-know" beat the test by learning a set of tricks?
- Does expensive short-term coaching raise test scores, thus undermining the validity of the test and increasing the score gap between rich and poor?
- What are the social consequences of heavy reliance on test scores in making admission decisions? Do those consequences derive from sources of test score invalidity?

A substantial body of research has been conducted by social scientists to address these questions. That research was cited and summarized in this chapter. Overall, the research provided strong evidence in support of the validity of standardized admission tests as one factor in the admission process. The research also found that the commonly used standardized admission tests are valid for members of different racial/ethnic groups, refuting the often expressed concern that test scores are valid only for middle-class white applicants. Despite the impressive amount of research designed to address questions like those posed above, additional work is required. Some of the existing research is dated and needs to be repeated using current test forms and current test taking populations; some needs to be extended to other testing
programs and/or test taker populations; and some new or still unanswered questions need to be addressed. A variety of research issues needing additional work are presented in discussions throughout the chapter and are extracted here. They include the following observations and recommendations.

- Much of the differential validity research is dated and needs to be replicated or updated.
- Test bias research that examines the predictive accuracy of the test for different groups typically is based on the assumption that the outcome variable (e.g., FYA) is not biased. Research to test the accuracy of that assumption is lacking.
- Many studies found that test scores over-predicted academic performance for some ethnic groups. There is a dearth of research focussed on explaining that finding.
- Many questions about the social consequences of heavy reliance on test scores in the admission process are not well researched. New work needs to distinguish between issues of distributive justice and sources of invalidity in order to guide potential remedies.

The discussion of appropriate test use distinguishes between statistical evidence of predictive validity and practical evidence of utility. Research highlighting the small differences in outcomes such as class rank or GPA that are associated with differences in test scores, as well as research demonstrating academic and professional success among applicants with the lowest test scores are presented within the context of the discussion of test utility.

A review of the available evidence about test score use leads to the conclusion that test scores can make important contributions to fair and equitable admission practice when used as one of several factors in making decisions. This is especially true when they are used as a tool to help interpret other academic indices such as prior grades. However, the summary of the debate on using test scores to define merit shows how misuse or over-use of test scores can be a disservice both to standardized testing and to higher education. Empirical research that would help define merit beyond the confines of test scores and grades is lacking and greatly needed.

Finally, possible alternatives for the future of admission testing were explored along a continuum ranging from eliminating the use of tests altogether to expanding the role of testing by expanding both the constructs measured and the form and format through which the measurement is accomplished. Technological advances are paving the way for the latter. Significant research is in progress, but much work needs to be done before the potential benefits might be realized.
References


Elliot, R., & Strenta, A. C. (undated). *Effects of improving the reliability of the GPA on prediction generally and on the comparative predictions for gender and race particularly*. Unpublished manuscript, Dartmouth College, Hanover, NH.


Chapter 4 / Page 31
Educational Researcher, 23 (9), 4-14.
U.S. News Online. (1997). How important is the SAT? Interview with William Hiss and John

Chapter 4 / Page 33


