Dynamics of Nonlinear and Dispersion Managed Solitons

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The relation between the fundamental parameters of energy and temporal duration of ultrashort pulses, under the condition of varying the average dispersion, are demonstrated both theoretically and experimentally in a solid-state femtosecond mode-locked laser. An asymptotic theory for nonlinear and dispersion managed solitons agrees well with the experimental data and demonstrates that the dominant factor in the pulse dynamics arises from the equilibrium established between the nonlinear Kerr effect and linear dispersion.

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Solitons are fascinating nonlinear phenomena that arise widely in physics. Solitons have a finite, localized energy and propagate unchanged. They form from the competition between linear dispersion and the nonlinear index of refraction. Surprisingly, when the sign of the linear dispersion periodically varies, as in long distance fiber communications, a new breed of soliton forms. The change in the sign of the dispersion causes these so-called dispersion managed (DM) solitons to temporally broaden and recompress or “breathe” as they propagate [1]. The prevalence of DM solitons has generated significant research toward understanding their behavior [2–5].

To experimentally characterize the propagation dynamics of DM solitons, a medium amenable to systematic changes in the linear dispersion is required. Such characterization has proven difficult partly because of the complexity in systematically varying the linear dispersion. The ultrashort optical pulses propagating in solid-state mode-locked lasers are also dispersion managed. However, the method by which these pulses are dispersion managed allows for systematic control over the cavity dispersion and thus, provides a near ideal environment to undertake such studies. In addition, these pulses experience a periodicity in the nonlinear refractive index, known as nonlinear management. Recent theoretical work in understanding their dynamics has shown novel behavior that is distinct from that of classical solitons [4]. Here, we report the first experimental demonstration of the systematic varying of the group velocity dispersion for a nonlinear and dispersion managed soliton. We show remarkable agreement between experiments and the DM theory of solitons for the scaling of the fundamental pulse properties of energy and temporal duration for the ultrashort pulses in a mode-locked laser. This study advances the understanding of the dynamics of the DM system in ultrashort pulsed mode-locked lasers, which have numerous important applications that rely upon pulse stability [6–10].

In the classical theory of solitons, the nonlinear Schrödinger equation (NLS) governing the pulse envelope \( u(z, t) \) in an optical fiber is

\[
\frac{iu_z(z, t) - \frac{\beta''}{2} u_{tt}(z, t) + \gamma_0 |u(z, t)|^2 u(z, t)}{u} = 0,
\]

where \( \beta'' \) is the group velocity dispersion (GVD) coefficient, \( t \) is the retarded time (with respect to the group delay), and \( \gamma_0 = n_2 \omega / c A_{\text{eff}} \) is the nonlinear coefficient for an effective transverse area \( A_{\text{eff}} \) of the beam, with center frequency \( \omega \), propagating in the \( z \) direction through a medium with a Kerr nonlinear refractive index \( n_2 \), where \( c \) is the speed of light [11]. The soliton solution for constant anomalous dispersion, \( \beta'' < 0 \), is \( u(z, t) = \text{Asech} \left( \frac{z_0}{2} \right) e^{i\tau_0 |A|^2 z/2} \), where \( c_0 = 2 \text{sech}^{-1} (1/\sqrt{2}) \), \( A \) is the real-valued amplitude, and \( \tau \) is the temporal FWHM. The intensity is \( |A|^2 = P/A_{\text{eff}} \), where \( P = E/\tau \) is the pulse power with energy \( E = \int |u|^2 dt \). For the theory of classical solitons (CS), the relation between these fundamental parameters is

\[
\tau = \frac{2c_0 |\beta''|}{\gamma_0 E}.
\]

This scaling for classical solitons was observed in optical fibers [12]. No such relation has been experimentally demonstrated for DM solitons.

In the nonlinear and dispersion managed theory, \( u(z, t) \) satisfies Eq. (1) with periodically varying GVD and nonlinear coefficients. Using a dispersion managed model, it was shown that stable pulses can form in a mode-locked laser [4]. A mode-locked laser is a pulsed laser that emits a periodic sequence of optical pulses where the pulses are spaced by the cavity round-trip time (the group delay, \( \tau_g \)). Figure 1(a) is a schematic of a 92.8 MHz repetition-rate Kerr-lens mode-locked (KLM) Ti: sapphire laser pumped by a solid-state frequency-doubled Nd:YVO4 laser.
FIG. 1. (a) Schematic of a mode-locked Ti:sapphire laser, with the measurement setup. The position of the slit near prism $P_1$ is computer controlled to set the center frequency of mode-locked operation. (b) Schematic of the nonlinear normal GVD propagation due to the Kerr nonlinearity in the crystal and linear anomalous GVD propagation in the prism sequence. (c) Spectral profiles at four positions of the prism $P_1$ resulting in four different GDD values. The dash-dotted line $S_1$ corresponds to the most prism insertion. The spectrum narrowed as the prism was pulled out of the beam. The solid line $S_4$ corresponds to the least prism insertion. The sharp feature at 900 nm may be the result of the cavity mirror reflectivity characteristics.

Since such a laser can generate ultrashort pulses ($\leq 20$ fs), the average dispersion in the cavity must be relatively small to sustain this pulse [13]. In one cavity round-trip, the pulse propagates through cavity elements with different signs of dispersion. The most significant contributions to the linear dispersion come from the normal dispersion $\beta_0^n$ in the region of length $l_n$ in the Ti:sapphire crystal, and the compensating anomalous dispersion $\beta_0^a$ in region of length $l_a$ in the prism sequence. For sustained, stable mode locking, the intensity of the pulse at the crystal center, after it has experienced this linear dispersion compensation, is now sufficiently high for the nonlinear Kerr effects (self-focusing and self-phase modulation) to occur so that the mode-locked operation is preferred over the continuous wave operation. For such a dispersion map the GVD, averaged over one round-trip in the cavity, $\langle \beta'' \rangle$, is used to define the round-trip group delay dispersion (GDD); that is, $\langle \beta'' \rangle l = \beta^n_0 l_n + \beta^a_0 l_a$, where $l = l_n + l_a$ is the total optical length of the cavity, as seen in Fig. 1(b). Indeed, by this definition of the round-trip GDD, the two shaded regions in Fig. 1(b) are of equal area. All other cavity elements, including air and the cavity mirrors, irrespective of their sign of GDD, only contribute to the net linear dispersion compensation provided by the cavity prism sequence and so, for simplicity, we take $l_a = l_p$.

To model this dispersion map, $\beta''$ in Eq. (1) is replaced by the local GVD, $\beta''(z)$. It is convenient to introduce the GDD variance of the dispersion map. This variance is known as the map strength $s$ where $s = |\beta^0_i l_i - \frac{1}{2} \langle \beta'' \rangle l|$ which is independent of the replacement of $i$ with $n$ or $a$. In the DM theory, $s$ arises naturally as a physically relevant and theoretically important parameter [14,15]. The reduced map strength $M = s/(\langle \beta'' \rangle l)$ is the relative strength of the GDD variance with respect to the round-trip GDD. The nonlinearity must also be managed in the theory, with the replacement $\gamma = \gamma_0$ in the crystal and $\gamma = 0$ elsewhere, so now $\gamma = \gamma(z)$.

Figure 1(b) shows the nonlinear and dispersion maps of the laser in one cavity round-trip. For the DM theory, three experimental input parameters, $\langle \beta'' \rangle l$, $\gamma_0$, and $s$, are required to model the fundamental propagation dynamics.

To characterize the experimental relation between the fundamental pulse properties, we recorded $E$ as a function of $\tau$ for various values of the average cavity GDD, $\langle \beta'' \rangle l$. In the mode-locked laser, dispersion causes the group delay of the pulse ($\tau_g = 1/f_{rep}$, where $f_{rep}$ is the repetition rate) to depend upon the center frequency $\omega$ of the mode-locked spectrum. Actively controlling the center frequency through the use of a slit in the cavity, positioned after the prism $P_1$, permits one to map $\tau_g(\omega)$ and thus, to measure the round-trip GDD [Fig. 1(a)] [16]. For a given prism $P_1$ insertion, the slit near $P_2$ was situated in the cavity beam with the slit opening adjusted to reduce the bandwidth while still permitting mode locking. The slit was then translated transversely to the beam and at each slit position the spectrum was recorded with an optical spectrum analyzer and $f_{rep}$ was measured by an RF frequency counter. The center frequency was calculated from the first moment of the recorded optical spectrum. The GDD is given by the linear coefficient of a least-squares fit to these data. From this measured value of the GDD, the anomalous GDD of the prism sequence and $s$ are calculated. Since the nonlinearity occurs in a small region (within the Rayleigh range of the beam focus) in the Ti:sapphire crystal (length of 2.3 mm), we set $l_a = 0.5$ mm so $\beta_0^n l_n = +30$ fs$^2/\text{cm}$, $\beta_0^a l_a = +60$ fs$^2/\text{mm}$. To minimize the cavity GDD for more stable mode locking, we use dispersion compensated mirrors (DCM) [17]. Since the prism sequence (and DCMs) provide dispersion compensation up to second order, higher order contributions are minimized by using prisms.
made of CaF₂. Drift of the repetition rate arising from cavity length fluctuations can disturb or even prohibit the measurement of the GDD. This drift has been observed to vary linearly with time and was minimized by isolating the laser in a plexiglass enclosure. Additionally, the data acquisition was automated so that the GDD was measured in less than 60 sec and corrected for the drift.

To systematically change the cavity GDD, the first prism \( P_1 \) was successively translated into the beam [Fig. 1(a)]. The (fixed) separation between the prisms determines the amount of anomalous compensation, while each prism’s individual differential insertion into the beam determines the added normal dispersion [Fig. 1(c)]. For each GDD setting, the pump laser power was used to control the intracavity pulse energy \( E \) and was ramped through the full stability range of mode locking.

To gain insight into the fundamental governing dynamics, an asymptotic analysis may be undertaken. The quantity \( l_n/l_0 \), where \( l_0 = 1/(\gamma_0 P) \), is a measure of the length over which the nonlinearity causes a 2π-phase shift in the pulse. A perturbative expansion of the PNLS [Eq. (3)] to first order in \( l_n/l_0 \) yields the dispersion managed nonlinear Schrödinger equation (DMNLS)

\[
i \dot{\mathcal{U}}(z, \omega) + \frac{\langle \beta'' \rangle}{2} \omega^2 \mathcal{U}(z, \omega) + \frac{\gamma_0}{2} \int_{-\infty}^{\infty} \sin(\omega_1 \omega_2 s) \omega_1 \omega_2 s \mathcal{U}(z, \omega + \omega_1) \mathcal{U}(z, \omega + \omega_2) \times \mathcal{U}^*(z, \omega + \omega_1 + \omega_2) d\omega_1 d\omega_2 = 0. \tag{4}
\]

The nonlinear management yields the factor of 1/2 in the nonlocal term and so doubles the pulse energy as compared to the usual DM solitons with a constant nonlinear coefficient. The DMNLS is a nonlinear equation and admits localized stable solutions known as DM solitons,

\[
\mathcal{U}(z, \omega) = e^{i(\lambda z/2)} \tilde{f}(\omega), \tag{5}
\]

where \( \lambda \) is a constant and \( \tilde{f}(\omega) \) is real and symmetric [14]. When these solutions seed the PNLS, they remain localized and stable while acquiring an additional phase term. This frequency dependent phase introduces a chirp in the pulse, with a period related to the periodicity of the dispersion map. As the DM soliton propagates from the center of the normal region, it temporally broadens and then recompresses until it reaches the center of the anomalous region, whereupon it begins to broaden again, thereby breathing, as seen in the inset in Fig. 2, whereas the classical soliton does not breathe. The full (PNLS) solution, written in terms of the DM soliton is

\[
u(z, t) = \mathcal{F}^{-1}[\mathcal{U}(z, \omega) e^{-i(\omega^2/2)} \tilde{f}(\omega)] \tag{6}
\]

The DMNLS, unlike the PNLS, has constant coefficients. Another significant advantage of the DMNLS is that the rapidly varying phase associated with the breathing is removed and the DM soliton solution is readily obtained.

Thus, the energy \( E \) and the temporal FWHM \( \tau \) are calculated from Eq. (5).

The experimental data for the temporal FWHM dependence upon the intracavity pulse energy for four values of the GDD are plotted in Fig. 2. Since the theoretical model predicts the pulse duration at the crystal center \( z = 0 \), the width \( \tau \) for each \( E \) setting was determined assuming a transform-limited optical spectrum. In this regime, as the GDD becomes more anomalous, the pulse requires higher energies to remain stably mode locked. The theoretical curves are plotted in Fig. 2 where each is distinguished by the value of the reduced map strength, \( M \). Given that the mechanisms for mode locking are not included in the model, the curves show remarkable agreement with the data and accurately predict the pulse dynamics over a broad range of parameters.

In generating the theoretical nonlinear and dispersion managed solutions, only one fitting parameter is used. The experimental uncertainty in the effective area \( A_{\text{eff}} \) of the beam at the center of the crystal requires that the nonlinear coefficient \( \gamma_0 \) be fit to match the data \( (n_2 = 3.2 \times 10^{-8} \text{ mm}^2/\text{MW}) \). Fitting one experimental data point, we find \( A_{\text{eff}} = 200 \mu \text{m}^2 \) and so \( \gamma_0 = 1.26(\text{mm} \cdot \text{MW}^{-1}) \). Since our model uses only one fitting parameter, here we have explicitly determined \( \gamma_0 \) for an ultrashort pulsed mode-locked laser.

The formation of a mode-locked pulse in a Ti:sapphire laser requires gain and loss mechanisms that have so far
In summary, for the solitons propagating in mode-locked Ti:sapphire lasers, the agreement between the PNLS and the experimental data demonstrates that the dominant factor in the pulse dynamics is the equilibrium established between the Kerr nonlinearity and the linear dispersion. We have used an asymptotic theory developed for the PNLS to predict the dynamics of these solitons using only one fitting parameter in the model to generate the theoretical curves. This study shows that the dispersion management concepts originally developed in fiber communications apply in a much broader context.

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